

NEW RIVER COMMUNITY AND TECHNICAL COLLEGE

Policy Number: C.1000

Effective Date March 3, 2005

TITLE: Employee Wellness Program

RATIONALE: The purpose or function of this policy is to provide all full-time employees with the opportunity to participate in an on-campus wellness program.

POLICY STATEMENT

All full-time New River Community and Technical College employees may select, among their fringe benefits options, to participate in an on-campus wellness program for a maximum of two hours/week.

Various group and individual wellness activities will be developed and made available to employees at specific times during the work day.

As approved by their supervisor, employees may utilize up to two hours of the work week to participate in wellness activities.

RELATED POLICIES:

RESPONSIBLE OFFICE: Director of Human Resources (or designee)