"I'm Naked!"

So you are going about your normal routine - going to work, waiting for the bus, or just walking down the street when you suddenly realize that you are stark naked. Dreaming that you are completely or partially naked is very common. Nudity symbolizes a variety of things depending on your real life situation.

Becoming mortified at the realization that you are walking around naked in public, is often a reflection of your vulnerability or shamefulness. You may be hiding something and are afraid that others can nevertheless see right through you. Metaphorically clothes are a means of concealment. With clothes, you can hide your identity or be someone else. But without them, everything is hanging out for all to see. You are left without any defenses. The dream may telling you that you are trying to be something that you really are not. Or that you are fearful of being ridiculed and disgraced. If you are in a new relationship, you may have some fears or apprehension in revealing your true feelings.

Nudity also symbolizes being caught off guard. Finding yourself naked at work or in a classroom, suggests that you are unprepared for a project at work or school. You may be uninform in making a well-formed decision. With all eyes on you, you
have this fear of having some deed brought to public attention. You fear that people will see through your true self and you will be exposed as a fraud or a phony.

Many times, when you realize that you are naked in your dream, no one else seems to notice. Everyone else in the dream is going about their business without giving a second look at your nakedness. This implies that your fears are unfounded; no one will notice except you. You may be magnifying the situation and making an issue of nothing. On the other hand, such dreams may mean your desire (or failure) to get noticed.

For a small percentage of you, dreaming that you are proud of your nakedness and show no embarrassment or shame, then it symbolizes your unrestricted freedom. You have nothing to hide and are proud of who you are. The dream is about a new sense of honesty, openness, and a carefree nature.