Shiitake (Lentinus edodes) is a mushroom traditionally used to increase energy, longevity, virility and control appetite. It also has anti-fungal, anti-tumor and antiviral properties which are suggested for colds, flu, immune function, viruses, bacteria, cancer, tumors, parasites, headache, measles, libido, vision, diabetes, liver ailments, nerve pain, gout, cholesterol levels, blood pressure and heart disease.

Lawrence T. Beckerle of Craigsville, an active member of the WV Native Plant Society and chairman of the WV Chapter of Quail Unlimited, will direct the workshop, teaching “everything you need to know to start growing your own gourmet shiitake mushrooms”.

CALL OR E-MAIL TODAY TO
PRE-REGISTER
**Class Will Fill Quickly**

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