The story of your life is itching to be written, awaiting your reflections on the path your life has taken and where it’s headed. This workshop offers techniques in mining the rich veins of your memory. Learn how to express and organize your thoughts as memoir. During the mid-day break you may go to lunch on your own or dine downtown with your classmates. You’ll leave the workshop having already begun to write the story of your life, and with the skills to continue. Participants will learn how to translate their memories into written form, using the tools of the reporter’s trade and the narrative elements of fiction to learn how to tell their stories. Lecture will be supplemented with in-class exercises to jump start the creative process. Adults who never thought they possessed writing talents will find themselves easily expressing their thoughts and developing their creativity. They also will have produced a document valuable to themselves, their family and their community.

"I believe that with a little encouragement and a bit of structure, anyone can learn to give written voice to his or her own life. I’d like to see our heritage preserved in print -- not just for the benefit of individual participants, but for all of us."

—Belinda Anderson