NEW RIVER GVC TEAM IS THIRD IN FITNESS CHALLENGE

[LEWISBURG, WV] “The Greenbrier Valley Campus has a lot more room for more students this fall,” quipped Roger Griffith, dean of the New River Community and Technical College Greenbrier Valley Campus. Griffith was one of five Greenbrier Valley Campus staff members making up the third-place team in the recent Fitness Challenge sponsored by WVVA-TV and Subway.
Griffith a Ronceverte resident, was joined by Aubrey Houck of Union, Suzanne Soucier of Lewisburg, Deena Rodgers of Ronceverte, and Donna Lewis of White Sulphur Springs in forming the team which lost a total of 187 pounds, or 14.77 per cent of their body mass.

Fellow workers gradually joined the weight loss effort. An additional five staff members who were not official team members lost more than 100 pounds collectively. They are Nora Overath of White Sulphur Springs, Beverly Pauley of Alderson, Melinda Ford of Union, Wanda Johnson of Lewisburg, and Sandra Dixon of Union.

Houck is a member of the maintenance department; Soucier is an educational outreach counselor; Rodgers is an administrative assistant; and Lewis has just recently been named registrar for New River Community and Technical College. Overath is a program coordinator; Ford, supervisor of student accounts; Dixon, administrative assistant to Dean Griffith; Pauley, adjunct instructor and part time staff; and Johnson is student services program coordinator.

The “weight losing crew” invites the public to visit with them in their offices in Greenbrier Hall, the main classroom and office building on the Greenbrier Valley Campus.

“You can visit us and find out our methods for losing weight and also find out what the college has to offer,” Deena Rodgers commented.

The offices of New River Community and Technical College are open Monday through Friday 8 a.m. to 4:30 p.m. and information on the classes and courses of study offered on the Greenbrier Valley Campus can be obtained by telephoning 304-647-6560 or visiting or writing the College at 101 Church Street, Lewisburg, 24901 or visiting www.newriver.edu.